

HELLO! Welcome back to Creating Space Chippy...

We hope you enjoy this week's Family Activity Bag of resources and ideas, and that it will bring a smile to your faces and go a little way to providing some entertainment, inspiration and fun. Each week we have a different theme and provide a craft, plus activities and suggestions, and some crazy facts and jokes to keep you going.

and some crazy facts and jokes to keep you going. Have fun and keep in touch via @creatingspace.chippy on Instagram, or <u>creatingspace.chippy@gmail.com</u> stmaryscnorton.com (Covid-19 Response, Family Resources page) Enjoy & Take care, The Creating Space Crew x







How has life been for you in the past week? I wonder if there have been things that have felt just a little bit easier for you - maybe you have met up with family or friends that you haven't seen for a long while and it has been the boost you have needed...Or perhaps you have felt more able to spend time at the park playing a bit of football or basketball?

This week I know for many the return of professional sports events taking place has felt like a significant step towards 'normality'. Sport is such an important aspect of life for so many reasons. How is it important to you – as a spectator or participant it brings real richness to our lives and wellbeing. So this week we are celebrating SPORT!

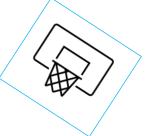
Alongside that richness seems to come an opportunity for diversity. When I was thinking about diversity this week, I reflected on the fact that although we have all experienced Lockdown these last months, we have all experienced it differently. We all have a story to tell and it this mix of the differing and shared that is so important at any time and making space for it all is vital. So, let's recognise and embrace it all...

> ...stay safe, be active and HAVE FUN! Bye for now, Catherine x



You will need: Paper cup Cardboard sheet Ping pong ball Tape or glue Juice carton





Family Craft: Mini Basketball Hoop & Frisbee

What to do:

-Take a clean juice carton (litre-ish size) -You might like to wrap decorated paper round it and stick it on. Create the 'back board' by cutting the coloured card provided (see photo) -ask an adult to help cut out the circle base of the paper cup.

-You can draw the net effect on with felt-tip or pencil.

-Stick the cup to the card and the card to the carton.

-Carefully fill the carton with water to keep it weighted.

Now time to work your magic! Make up your own game by creating a points' system for distance or style of shot. ENJOY!



JOKE CORNER!!

What lights up a football stadium? A football match!

How did the football pitch end up as triangle?

Somebody took a triangle!

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Why are football players

never asked round for dinner?

Because they are always dribbling!

FRISBEE



You will find three paper plates in your pack this week. Why don't you use this photo as inspiration to make a funky frisbee – great fun for having a run-around and practising your catching down at the park! GO FOR IT!

ONE BALLOON FIVE WAYS

1.Balloon waddle: put a balloon GENTLY between your knees and waddle against the clock or against someone else!

2.Balloon tennis: make a 'racquet' out of a paper plate with bamboo spoon handle (see those provided!)

3.Balloon keepie-uppies: how many can you do?

4.Balloon 'egg n spoon': use a big wooden spoon but keep very steady !

5.Balloon power: a flat surface, a ping pong ball and a balloon blown up and let go at just the right position. You work it out!