

EVERYDAY MAY
NOT BE GOOD



BUT THERE IS
SOMETHING GOOD
IN EVERYDAY

This week's theme is:
THE SUN & GRATITUDE

**GREAT FOR
ADULTS
TOO!**

However big or small we are (see Piglet's quote) we have lots to be grateful for - this means there are lots of things that we can say "thank you" for. Whether it is a big present that someone gives you or just a little smile ... they can make a big difference and when we are feeling sad or grumpy - which I bet is happening a bit at the moment - then it helps to remember all the things that we have to be grateful for. You could make a list or why don't you have a go at making a gratitude jar ...

Piglet noticed that even though he had a very small heart, it could hold a rather large amount of gratitude.

A.A. Milne



Why not make a gratitude jar as a family?

Take a clean jar and decorate by sticking on tissue paper, tying on ribbons etc, maybe you might want to draw pictures of all your family and stick them on. Then every day - maybe at dinner time or bedtime - you can think of 3 things that you have to be GRATEFUL for - it might be little it could be big. We've given you some ideas on our jar. If you are feeling sad or fed up, that's a good time to go and take a peek in the jar and remember all the things that have made you thankful in the past

IDEAS!

"I am grateful for my cat because she makes me laugh."
"I am thankful for the dinner tonight. It was my favourite: pizza!"
"I loved reading my book in the sunshine today."
"I am grateful for the birds that sing"

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Staying Connected, Staying Well



If you don't like writing, then why not draw pictures of the things you are thankful for - here is a picture of sunflowers by a famous artist Van Gogh - maybe you could draw a picture of your favourite flowers?

We think you are AWESOME at craft and we would LOVE to see pictures of all the things you are creating. Crafty Catherine has been sending you lots of ribbons, string, stickers to help you make things - but we think it would be a great idea if you have your own special box to collect and save things that you could use to be creative. So - inside your bag today there is a box to build. You might need an adult to help you - but then why don't you decorate it? You could paint it, draw, stick on photos or pictures you cut out of a magazine, you could even cover it in wrapping paper. Whatever you do, you must remember to put all your craft material in the box - then you will know where your glue and felt tip pens are ready for next week's bag! Have fun decorating and send us some pictures!

Build & decorate your Craft Box

I know we can't go outside for a picnic at the moment - but why not be inventive and pack a picnic and have it on your sitting room floor - you could invite your favourite teddy

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How many songs can you think of that mention the word "sun"? (the picture gives you one clue!) Maybe you could make up a poem or a song about the sunshine....

"The Sun"

Let the sun shine brightly each day,
Warming us deeply in our soul,
We are happy it's here to stay
Let the sun shine brightly each day,
Giving our earth a lovely ray, Having
found its own final knoll, Let the sun
shine brightly each day, Warming us
deeply in our soul.

Poem by Ernestine Northover

#creativekidsofchippy GALLERY is now online!
You are awesome and the things you are creating need to be seen 😊 and celebrated.

SO go to stmaryscnorton.com/serving-you/gallery-page.

More art being uploaded all the time...please keep it coming!

THE GREAT CHIPPY

LOO ROLL CHALLENGE



PRIZES TO BE WON!!

You know all those loo rolls you have now? Well make sure you save the cardboard tubes. Creating Space Chippy has launched a competition to see who can create the most creative crafty creation using loo rolls. So get designing! Send photos to creatingspace.chippy@gmail.com or post on Insta and tag @creatingspace.chippy. Can't wait to see your inventiveness and imaginations at work!

Creative Kids Gallery - also see online: stmaryscnorton.com



THANK YOU!! From the Creating Space Crew
#creativekidsofchippy inspire HOPE

